

# Genitofemoral Nerve Block

A nerve block relieves pain by blocking the pain signal sent to your brain. Some nerve blocks are used to find out sources of pain while others are used to treat painful conditions. The genitofemoral nerve block will help to relieve testicular pain.

## Conditions treated

You might benefit from a genitofemoral nerve block if you suffer from:

- **Testicular pain**
- **Pain in the labia**

## Duration

Less than 30 minutes

## How is it performed?

Prior to the steroid injection, the area will be cleaned and local anesthetic may be used to numb the area. To ensure proper needle placement, the physician may utilize ultrasound technology when inserting the needle. The needle is then injected lateral to the spermatic cord and the mixture of local anesthetic and corticosteroid is injected. Your vital signs will be monitored for the duration of the procedure.

## Prior to your appointment

You may continue taking all medications before the procedure.

## What are some of the risks and side effects?

This procedure is a relatively safe, non-surgical treatment, with minimal risks of complications. Some of the most common or possible side effects are:

- Infection
- Increased Pain
- Weakness in legs
- Bladder/bowel perforation

## What to expect after the procedure

You might feel a weak or numb sensation where the medication was injected. As the numbing medication wears off over the first couple days after the procedure, you may experience an increase in pain. Once the steroid begins to work, you should experience pain relief.

Ice is typically more helpful than heat during the first two to three days after the injection.

You should not engage in physical activity for 24 hours following the procedure.

You should call your doctor if you experience a fever over 101 within 72 hours of the procedure.

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